

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
1	89	Heremans	Mil	Heist o/d Berg	M1	SEN	AVZK-Team Sten	00:11:49	18.79	03:11
2	93	Viskens	Jasper	Hallaar	M2	MAS+35	Race & Raise	00:11:59	18.53	03:14
3	58	Helsen	Michel	Rillaar	M3	MAS+40		00:12:07	18.32	03:16
4	92	Cumps	Stan	Ramsel	M4	SEN		00:12:50	17.3	03:28
5	55	Raus	Nyaz	Westerlo	M5	CAD	ACHL	00:12:54	17.21	03:29
6	90	Mans	Steve	Testelt	M6	MAS+40	SQM Running Team	00:13:01	17.06	03:31
7	31	Valckx	Stefan	Keerbergen	M7	MAS+40	AVZK	00:13:05	16.97	03:32
8	78	Viskens	Jesse	Nieuwrode	M8	SEN	PEAK Triathlon Team	00:13:28	16.49	03:38
9	107	Van Houdt	Tuur	Wiekevorst	M9	SEN		00:13:29	16.46	03:38
10	91	Mans	Dylan	Testelt	M10	CAD	Houtvenne	00:13:30	16.44	03:38
11	109	Schuermans	Thor	Wiekevorst	M11	SEN	T'Sas	00:13:33	16.38	03:39
12	28	Deriemaecker	Ineke	Scherpenheuvel	V1	SEN		00:13:35	16.34	03:40
13	67	Liekens	Vicky	Heist o/d Berg	V2	MAS+35	AVLL	00:13:41	16.22	03:41
14	81	Geens	Arne	Morkhoven	M12	CAD	HULS	00:13:46	16.13	03:43
15	80	Geens	Niel	Morkhoven	M13	MIN	HULS	00:13:54	15.97	03:45
16	56	De Wever	Steven	Westerlo	M14	MAS+45	AC Hulshout	00:14:01	15.84	03:47
17	32	Mulkers	Jannick	Schaffen	M15	MAS+35	Fit Escape	00:14:17	15.54	03:51
18	83	Pauwels	Tom	Hulshout	M16	MAS+45	Team Wikkeveust	00:14:24	15.42	03:53
19	85	Rens	Luk	Hulshout	M17	MAS+45	AC Hulshout	00:14:36	15.21	03:56
20	77	Teunkens	Karel	Balen	M18	MAS+60		00:14:53	14.92	04:01
21	60	Van der Sanden	Emma	Wiekevorst	V3	CAD	AC Hulshout	00:14:58	14.83	04:02
22	108	Schuermans	Leon	Wiekevorst	M19	SCH	KFC Nijlen	00:14:59	14.82	04:02
23	114	Coomans	Seb	Baal	M20	SCH		00:15:28	14.35	04:10
24	86	Douchy	Vincent	Heist o/d Berg	M21	MAS+40		00:15:36	14.23	04:12
25	87	Douchy	Matisse	Hallaar	M22	SCH		00:15:37	14.22	04:13
26	59	Helsen	Liene	Rillaar	V4	CAD		00:15:40	14.17	04:14
27	57	Vleugels	Len	Wiekevorst	M23	MIN		00:15:55	13.95	04:18
28	6	Rits	Mario	Hulshout	M24	MAS+50	Berglopers	00:16:09	13.75	04:21
29	10	Van den Broeck	Dorien	Begijnendijk	V5	MAS+35	Berglopers	00:16:18	13.62	04:24
30	79	Tops	Gerwin	Westerlo	M25	MAS+40		00:16:25	13.52	04:26
31	63	Wijns	Pascal	Schriek	M26	SEN	CONCAP	00:16:27	13.5	04:26
32	12	Van Noten	Dirk	Booischot	M27	MAS+55	Berglopers	00:16:29	13.47	04:27
33	72	De Raet	Jan	Schriek	M28	MAS+60	AVZK	00:17:00	13.06	04:35
34	84	Verschueren	Frank	Pelt	M29	MAS+65	Coyote Sport	00:17:07	12.97	04:37
35	64	Verhaert	Tim	Wiekevorst	M30	MAS+45		00:17:11	12.92	04:38
36	75	Heylen	Gil	Wiekevorst	M31	SEN		00:17:28	12.71	04:43
37	115	Heykants	Kato	Hulshout	V6	JUN	Atletiek Hulshout	00:17:36	12.61	04:45
38	97	Goyvaerts	Katrien	Westerlo	V7	MAS+45	AC Hulshout	00:17:45	12.51	04:47
39	99	Van Loy	Michiel	Wiekevorst	M32	CAD	Team Wikkeveust	00:17:49	12.46	04:48
40	23	Claes	Marthe	Wiekevorst	V8	CAD		00:17:53	12.41	04:50
41	9	Torfs	Benny	Itegem	M33	MAS+55	Berglopers	00:17:55	12.39	04:50
42	7	Saenen	Johan	Heist o/d Berg	M34	MAS+55	Berglopers	00:18:03	12.3	04:52
43	82	Pauwels	Dean	Hulshout	M35	PUP	AC Hulshout	00:18:11	12.21	04:54
44	61	Jacobs	Nele	Herentals	V9	MAS+40	Kasteellopers	00:18:14	12.18	04:55
45	104	Gysemans	Leon	Wiekevorst	M36	BEN	Team Wikkeveust	00:18:21	12.1	04:57
46	102	Sijmus	Willy	Keerbergen	M37	MAS+70		00:18:22	12.09	04:57
47	37	Van Der Motte	Annelies	Houwaart	V10	MAS+40		00:18:24	12.07	04:58
48	112	Celen	Coleta	Herselt	V11	MAS+35		00:18:28	12.02	04:59
49	20	Cambré	Sandra	Herentals	V12	MAS+50	Coyote Sports Team	00:18:36	11.94	05:01
50	54	De Wit	Fonne	Wiekevorst	M38	PUP	Sympatisant	00:18:45	11.84	05:04

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51	106	Biermans	Gust	Wiekevorst	M39	MAS+80		00:18:52	11.77	05:05
52	47	Vertommen	Elke	Kortenaken	V13	MAS+45	Coyote sports team	00:19:07	11.61	05:10
53	49	Peeters	Bram	Wiekevorst	M40	BEN		00:19:12	11.56	05:11
54	33	Valckx	Elias	Keerbergen	M41	BEN	AVZK	00:19:15	11.53	05:12
55	51	Peeters	Mats	Hulshout	M42	SCH		00:19:15	11.53	05:12
56	52	Peeters	Bert	Wiekevorst	M43	MAS+35		00:19:16	11.52	05:12
57	4	Moris	Jesse	Begijnendijk	M44	MIN	Berglopers	00:19:18	11.5	05:12
58	88	Ceuppens	Guy	Heist o/d Berg	M45	MAS+75	Physiospirit	00:19:19	11.49	05:13
59	17	Witvrouwen	Gerry	Heist o/d Berg	M46	MAS+45	Berglopers	00:19:30	11.38	05:16
60	71	De Coninck	Ilse	Schriek	V14	MAS+55	AVZK	00:19:47	11.22	05:20
61	94	Pauwels	Kobe	Aarschot	M47	CAD		00:19:48	11.21	05:21
62	19	Broos	Siemen	Heist o/d Berg	M48	SEN		00:19:49	11.2	05:21
63	30	Lambrechts	Elena	Heist o/d Berg	V15	PUP	AVZK	00:20:03	11.07	05:25
64	105	Gyseman	Louise	Wiekevorst	V16	PUP	Team Wikkeveust	00:20:04	11.06	05:25
65	43	Veltmans	Florian	Schriek	M49	CAD	KSV Schriek	00:20:15	10.96	05:28
66	42	Vanderhoven	Nick	Hemiksem	M50	MAS+40	Kippen.be	00:20:23	10.89	05:30
67	24	De Ceulaer	Mynke	Wiekevorst	V17	SEN		00:20:27	10.86	05:31
68	545	Cleynhens	Karine	Baal	V18	MAS+55	Berglopers	00:20:39	10.75	05:34
69	22	Claes	Elise	Wiekevorst	V19	PUP		00:20:49	10.66	05:37
70	53	Mellaerts	Kirsten	Averbode	V20	MAS+40		00:20:57	10.6	05:39
71	15	Verschueren	Gerry	Heist o/d Berg	M51	MAS+50	Berglopers	00:21:03	10.55	05:41
72	44	Veltmans	Lena	Schriek	V21	CAD	VOC Schriek	00:21:19	10.41	05:45
73	35	Van den Brande	Emma	Bouwel	V22	MIN		00:21:38	10.26	05:50
74	98	Vleugels	Liv	Wiekevorst	V23	PUP		00:21:40	10.25	05:51
75	100	Van Loy	Marthe	Wiekevorst	V24	MIN	Team Wikkeveust	00:21:41	10.24	05:51
76	50	Mossoux	Kelly	Heist o/d Berg	V25	MAS+35		00:21:42	10.23	05:51
77	101	Van Beylen	Nele	Wiekevorst	V26	MAS+40	Team Wikkeveust	00:21:43	10.22	05:52
78	25	De Vries	Bas	Houwaart	M52	MIN		00:22:21	9.93	06:02
79	13	Van Opstal	Karel	Ramsel	M53	MAS+75	Berglopers	00:22:30	9.87	06:04
80	497	Cumps	Els	Hallaar	V27	MAS+55	Berglopers	00:22:32	9.85	06:05
81	111	Van Otten	Peggy	Ramsel	V28	MAS+50		00:22:43	9.77	06:08
82	110	Moris	Jill	Heist o/d Berg	V29	MAS+35		00:22:46	9.75	06:09
83	74	Van de Velde	Jelle	Lier	M54	SEN		00:22:50	9.72	06:10
84	26	De Vries	Sam	Houwaart	V30	CAD		00:23:01	9.65	06:13
85	66	Peeters	Ilvy	Schriek	V31	MAS+45	CONCAP	00:23:03	9.63	06:13
86	65	Wijns	Geert	Schriek	M55	MAS+50	CONCAP	00:23:05	9.62	06:14
87	14	Van Orshaegen	Nicole	Olen	V32	MAS+65	Berglopers	00:23:19	9.52	06:18
88	11	Van Loo	Alfons	Hallaar	M56	MAS+65	Berglopers	00:23:31	9.44	06:21
89	113	Ost	Lincy	Heist o/d Berg	V33	SEN		00:23:36	9.41	06:22
90	69	Gios	Amber	Ramsel	V34	MIN		00:23:38	9.39	06:23
91	70	Labelle	Vienna	Ramsel	V35	MIN	De Bolster	00:23:40	9.38	06:23
92	39	Van der Roost	Paulien	Schriek	V36	BEN		00:23:41	9.37	06:24
93	38	Van der Roost	Mil	Schriek	M57	KAN		00:23:43	9.36	06:24
94	29	Kimmel	Talitha	Putte	V37	SEN	Physiospirit	00:23:45	9.35	06:25
95	27	Decoster	Caro	Heist o/d Berg	V38	SEN		00:23:47	9.33	06:25
96	36	Van den wyngaert	Nathalie	Heist o/d Berg	V39	MAS+35		00:24:00	9.25	06:29
97	95	Gijsemans	Michel	Heist op den Berg	M58	MAS+65	Dorpsspomp	00:24:02	9.24	06:29
98	73	Beirens	Lotte	Booischoot	V40	SEN		00:24:09	9.19	06:31
99	40	Van Lier	Caroline	Schriek	V41	MAS+35		00:24:15	9.15	06:33
100	41	Van Lier	Stefan	Tremelo	M59	MAS+65		00:24:16	9.15	06:33

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101	62	Mortelmans	Guido	Lier	M60	MAS+70		00:24:19	9.13	06:34
102	8	Straetmans	Gilbert	Booischoot	M61	MAS+70	Berglopers	00:24:25	9.09	06:35
103	18	Bosmans	Jos	Heist o/d Berg	M62	MAS+70		00:24:28	9.07	06:36
104	96	Eijckmans	Eric	Laakdal	M63	MAS+60		00:24:34	9.04	06:38
105	103	Roelants	Myriam	Wezemaal	V42	MAS+65		00:24:36	9.02	06:38
106	2	Heylen	Christine	Herselt	V43	MAS+60	Berglopers	00:25:02	8.87	06:45
107	76	Croes	Christiane	Balen	V44	MAS+60		00:25:16	8.79	06:49
108	48	Volders	Louise	Morkhoven	V45	BEN		00:25:34	8.68	06:54
109	45	Vercammen	Ilke	Morkhoven	V46	MAS+40		00:25:35	8.68	06:54
110	16	Verschueren	Myra	Heist o/d Berg	V47	SEN	Berglopers	00:26:01	8.53	07:01
111	3	Hölscher	Anita	Rumst	V48	MAS+65	Berglopers	00:26:31	8.37	07:10
112	498	De Weerd	Christel	Heist o/d Berg	V49	MAS+50	Berglopers	00:26:34	8.36	07:10
113	5	Ringoot	Danny	Hallaar	M64	MAS+65	Berglopers	00:27:01	8.22	07:18
114	499	De Winter	Murielle	Heist o/d Berg	V50	MAS+50	Berglopers	00:27:22	8.11	07:23
115	34	Van den Brande	Axelle	Bouwel	V51	MIN		00:27:51	7.97	07:31
116	68	Sterckx	Tessa	Westerlo	V52	SEN		00:27:54	7.96	07:32
117	1	Goovaerts	Jef	Heist o/d Berg	M65	MAS+70	Berglopers	00:28:28	7.8	07:41
118	500	Gielis	Ellen	Westerlo	V53	MAS+45	Berglopers	00:29:14	7.59	07:54
119	21	Ceustermans	Monica	Ham	V54	MAS+65		00:36:23	6.1	09:50